

Twin River Club

General Information and Pool Rules

Safety: Twin River Club takes seriously the philosophy of safety first for everyone's benefit. All members and guests are expected to observe safety rules and to follow lifeguards' requests and instructions.

Pool Hours: Regular pool hours are 1:00-8:00 Monday through Saturday and 1:00-6:00 on Sunday. The Club is closed on Tuesdays but regular morning activities are held as scheduled. Exceptions to regular pool hours are special events listed on the calendar of events. The calendar can be accessed on the Club's website and is emailed to each active member that has provided an email address. The pool occasionally closes early to prepare for special events. These occasions will be listed on the calendar.

Sign-In: All who enter the facility must sign in to comply with the city ordinance requiring us to keep a count of swimmers in the pool and on the grounds. Member and Guest sign-in sheets are located at the front desk. Gas grills, sand volleyball, basketball court, horseshoe pit, tetherball, and kickboards are available for use by all members and their guests. Please inquire at the front desk for the horseshoes.

Guests: Guests must be accompanied by a member. Please sign in your guests when you arrive. Guest fees are \$5 per person, \$15 per family. Guests are limited to six (6) visits per summer with the exception of Babysitter Rules 1 and 2. Guests are allowed at all functions except the Annual Member Meeting. Guest fees may be increased for the July 4th Event.

Babysitting Rules:

Rule 1: TRC members who babysit other children are allowed to bring in non-member children. They must follow these guidelines

- The member/babysitter must submit to the pool manager, in writing, a list of the children's names. These kids will be allowed to exceed the six (6) visit limit when the same non-member child is brought by the babysitter (see Guest Rules)
- Guest fees must be paid for each non-member child on each visit.
- A babysitter is allowed up to four non-member children on each visit.

Rule 2: A member child (under the age 10) may be brought to the pool by a babysitter in lieu of their parents and no guest fees need to be paid. The six (6) visit limit will be waived for the babysitter. Children of the babysitter will pay guest fees.

Concessions: A variety of concession items are available for purchase at the front desk.

Alcoholic Beverages: Alcoholic beverages are only allowed during adult parties (noted on calendar) or after-hours private parties and only with the prior approval of the TRC Board of Directors. Alcohol is not permitted during regular hours.

Smoking: Smoking and chewing tobacco are not allowed within the pool grounds during regular hours but are allowed outside the gate by persons 18 years of age and older. Smokers should check with pool management for the appropriate place to smoke during private parties.

Chewing Gum: Gum is a choking hazard in the pool and is not allowed. Please, no gum on the pool property.

Unaccompanied Children: Children aged 10 and older that are able to swim the length of the pool to the pool manager's satisfaction (freestyle without stopping) are allowed to attend TRC unsupervised. If a child is unable to swim the length of the pool then they must be accompanied by a responsible care provider. Children ages 8-9 that are able to swim the length of the pool will be allowed to stay unsupervised at the discretion of pool management.

Inclement Weather: 1) City regulations require all pools to close whenever the outside air temperature falls below 70 degrees. 2) We are also required to close the pool for 20 minutes if lightning is observed. The pool will be cleared by lifeguards and everyone must move to safety. For each sighting of lightning the length of time the pool is closed will be extended. 3) In the event of a tornado, when it is unsafe for members to travel home, Trinity Presbyterian Church may allow our members use of their facility as shelter. Decisions to close the pool can come at any time and are left up to pool management.

Swimming Activities

Swim Lessons: Swim lessons are available for members of any age. Swimming lessons are held during weekday mornings in two-week sessions during June and July. Levels 1- 6 are offered. See Pool Manager for details.

* Trial Memberships do not include Swim Lessons, Swim Team, or Synchronized Swimming, see Pool Manager for details.

Swim Team: Twin River Club is one of eight clubs that make up the Great Plains Swim League (GPSL). GPSL sets the rules for the meets which follow the Missouri Valley safety requirements. Dual meets are on Tuesday nights through June and July with League Finals the third or fourth weekend of July. A Twin River Club member age 18 or under may participate on our competitive team. Swimmers are grouped by age: 8/under; 9-10; 11-12; 13-14; and 15-18 (open). Swim Team practices are held during the weekday mornings in June and July (until Finals). Swim Team fees are separate from membership fees.

Synchronized Swimming: Twin River Club is unique among pools in the Wichita area with its synchronized swimming team and show. Each year the team gives two evening shows the last weekend of July complete with sets, costumes, music, and lighting.

Lap Swimming: Lap swimming is available from 5:00-8:00 Monday, Wednesday and Thursday evenings upon request. Children are not allowed to play in the lap lane.

Social Activities

Guests are welcome at every event except the Annual Member Meeting. Additional costs are sometimes associated with special events.

Party / Movie Nights: Generally scheduled once a month with varying themes; School's Out, Fiesta Night, etc. Children under the age of 10 that are unable to swim the length of the pool must have a caretaker stay with them. Supervision may come from a parent, an older sibling, or a babysitter. There are usually several fun games and a treat just for kids, we may also hang a screen on the shelter house and families relax 'under the stars' to watch an outdoor movie.

Teen Night: A special Teen Night with age appropriate activities may be scheduled where anyone entering middle school (6th grade) through age 18 may attend. Parent chaperones welcome.

Adult nights: Special adult only events may be scheduled throughout the summer. Past themes include wine tasting, poker night, steak night, and casino night. These may include a nominal charge for participants.

Adult mornings: Every Saturday morning is reserved for adults only from 10:00am-1:00pm. Coffee and donuts are provided.

July 4th: A special day filled with festivities from 11:00am-6:00pm with a variety of games, activities, and food available. Fun for the entire family!

Parties

Parties are scheduled on a first reserved basis. To help with staffing, please try to schedule your party at least 2 weeks in advance.

During pool hours: Parties during regular hours for 10 people or more must have prior approval from the pool manager. Parties during regular hours are limited to no more than 35 non-members. A member must request special permission from the TRC Board for parties during regular hours of more than 35 guests.

Private parties (outside regular hours): Private party time is available with the approval of the manager. The fees are:

- **LARGE PARTY** \$125 per hour, 2 hour minimum (\$250). This fee will include up to 100 guests. \$1/hour for any guests over 100.
- **SMALL PARTY** \$100 per hour, 2 hour minimum (\$200). This will include 50 people or less. \$1/hour for any guests over 50.

The pool may close early for a private party at the Boards discretion. If you wish to overlap with regular hours, special permission from the TRC Board is required.

Keeping Informed

The best way to keep informed is to check the website, your email or the TRC Facebook group page. If you are not currently on the email list, please register on the website. Also:

- Newsletters are emailed to members periodically (if we have a volunteer to create them). These typically have photos and news of upcoming events.
- There is a message board by the women's restroom, bulletin boards in the shelter house, and numerous clipboards full of information and sign-ups at the front desk.
- Managers, staff, and the Board of Directors are full of information. Please let them know if you have any questions.

Twin River Club Members: Your Role

Twin River Club is an extension of your back yard. The managers take care of the schedule and staff, but each member is expected to help with the upkeep. Almost all work at TRC is volunteer work performed by members. Member volunteers help keep down the costs which will help keep down member fees.

- **In the spring before opening and in the fall after closing, there is much work to be done to the pool and grounds to prepare for the days ahead. The Board seeks members to help during workdays. We do many of the same jobs we all do at home: painting, raking, mowing, cleaning, and miscellaneous repairs. Some jobs require expertise (plumbing, electrical, and construction) and the Board prefers to direct these opportunities to qualified members. Please let us know if you are willing to help in any capacity.**
- An important way for all Members to participate is by attending the Annual Meeting which is held near the end of the season. Members elect their new Board of Directors, vote on changes recommended by the Board, and hear reports of the current season and plans for the next.
- During the season, the Social Director looks for volunteers to help plan and execute social events. If you like to plan parties then this is a great job for you.
- Swim Team volunteers are needed for timing, stroke judging, and computer entry.
- Synchronized swimming needs help with costumes, publicity, and show production.
- Concession workers are needed throughout the season at many events.
- Recruit new members! You know how much you enjoy the pool and its many activities, so share your positive experiences with your extended family, friends, and community. The more TRC members we have, the more combined resources we'll have to continue improving the facility and programs that support healthy family fun.
- The ultimate participation is service on the Twin River Club Board of Directors. Qualified, dedicated members are always in demand as officers, which is a two year commitment. Tell a Board member if you're interested in serving as a Director.

Twin River Club Pool Rules

Your safety is our highest priority. Please keep these safety rules in mind as your family enjoys the swim season. Please share these rules with your guests. Lifeguards may use their discretion to intervene in any situation they consider dangerous.

General Pool Etiquette

- Before leaving, please remember to check all areas of the facility that your family used and throw away your trash and take all personal items with you.
- Please keep chairs behind the black safety line around the pool edge.
- Plastic containers only. Glass can break which may result in injury and is therefore banned at the pool.
- Sunflower seeds and nuts in the shell are not allowed on the pool deck.
- Chewing gum is not allowed on the pool property.
- Children who are not completely toilet trained must wear a swim diaper.
- Alcohol is not allowed during regular hours and alcohol at private parties must be approved by the TRC Board of Directors.
- Smoking is not allowed during regular hours. Smokers should check with the manager for the appropriate place to smoke outside the gate during regular hours and at private parties.

General Safety Rules

- WALK, do not run, on the concrete.
- No diving in the shallow end. Shallow dives are allowed in the rest of the pool in designated areas clearly marked on the pool deck.
- Children unable to swim the length of the pool or touch the bottom must have a parent or responsible care provider (who can swim the length of the pool or touch the bottom) with them at arm's reach at all times. Floaties, rings, or rafts do not take the place of a responsible person.
- Keep rafts and large water toys out of the shallow end of the pool. Small children may be trapped under them and be unable to come to the surface.
- No standing on kick boards. No jumping off the edge onto kick boards.
- No horseplay. This includes but is not limited to dunking, pushing, wrestling, snapping towels, and "chicken fighting".
- You may use foam/splash/koosh balls for playing "gutter ball". Hard balls and other hard objects are not allowed to be thrown in the pool.
- Baseball or football games may be played only in the grass and away from the pool.
- Water squirt guns are only allowed behind the shelter house or in the court area.
- Get lifeguard approval prior to entering the diving well to swim/play.

Baby Pool Rules

- Children who are not completely toilet trained must wear a swim diaper (big pool too).
- Only children aged 6 and under are allowed in the baby pool. A parent or babysitter must supervise as lifeguards do not supervise the baby pool at all times.
- Children 12 and under are allowed on the swing set and play equipment, at the discretion of management.

Diving Board Rules

- Swimmers must be able to swim the length of the pool, freestyle without stopping, in order to use the diving boards and do 'free swim' in the deep end.
- One person at a time on the boards; wait to dive until the person before you has reached the ladder.
- The diver on the high board goes first.
- One bounce only.
- Dive straight off the boards – not toward the side of the pool.
- No diving/jumping with goggles, sunglasses, or foot apparel.
- No diving for distance. Dive into the black-boxed area only.
- No gainers.
- No inward dives.
- No diving off boards to anyone or onto anything.
- No throwing objects to people going off the boards.
- Go directly to the ladder after diving. Do not go under the rope.